

Pflugerville elementary

Home of the Pfire Ants



January 2017

Genia Antoine, Principal
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Mark Your Calendars

SCHOOL BOARD RECOGNITION MONTH

- 1/9-27 Pennies for Patients
- 1/13 POPS Rally at 2:00pm
- 1/16 **MLK DAY HOLIDAY**
- 1/17 PTO Meeting at 6:30pm
- 1/19 Science Fair
- 1/20 PTO Spirit Night at Mt.
Playmore, 4:30-8:30pm
- 1/26 Spring Individual and
Class Group Pictures
- 2/1 Early Release at noon

Ms. Antoine's Monthly Message

Happy 2017!

I hope that everyone enjoyed a wonderful holiday break with family and friends. Believe it or not, the end of the school year will be here before we know it. In the meantime, teachers are ready to ensure the success of our students with quality instruction and making important connections with all of their students. We also have many exciting events planned for this semester which will allow students to experience PES at the highest level.

A HUGE thank you to all of our PES families who generously donated to our No-Sale Fundraiser. We received just under \$3500 in donations, which will help purchase much-needed technology supplies and software for the school. A special thank you also to everyone who donated to our 1st Grade canned soup drive. Thanks to your generosity, we were able to donate nearly 600 cans of soup and other food items to the Pflugerville Storehouse! Thank you also to the families who generously donated to Coats for Kids.

We welcome all of our new students and trust that you will soon believe, as we do, that PES is the best place to grow and learn.

Children

F ollow directions

I nspire others

R espect others and self

S tay Safe

T ry their best

At Pflugerville Elementary School!

This and That. . .

- Please be sure to notify the office if any of your daytime contact numbers have changed. It is vitally important that we be able to reach you during the day if necessary, especially in the event of a medical situation.
- The Yearbook Committee is hard at work putting together this year's publication. If you have photos that you have taken throughout the year and would like to submit them for possible placement in the yearbook, please put them on a CD labeled "yearbook" and include what class the pictures are from and any other details you may have. You can send them to your child's teacher or drop your CD off in the front office. If you would like your CD back, please provide your name and your child's name. Yearbooks are currently on sale starting at \$15 each. You can order online at ybpay.lifetouch.com, Yearbook ID code: 9436917 or pick up a form from the office.

The Science Fair is Coming Soon!

The annual PES Science Fair will be held on Thursday, January 19. The students have been very busy working on their projects. Please be sure to stop by and view their work in the cafeteria on the 19th from 3:00-5:30pm.

Counselor News

Please consider donating your extra change to the Pennies for Patients donation drive for the Lukemia Lymphoma Society, running from 1/9 - 1/27.

Library News

Last month we had a great AR Store where students redeemed over 4,500 AR points. Also, we have already circulated over 10,000 books. We hit this benchmark even earlier than last year. Finally, this winter and spring I will be offering two book clubs. The first will be on the book **Lego Knights & Castles**. This club is geared toward younger kids and will focus on learning about medieval history. The second club will be a collection of wacky short stories from David Luber's **Wipeout of the Wireless Weenies**. Stay tuned for more information in January and February.

Student Council News

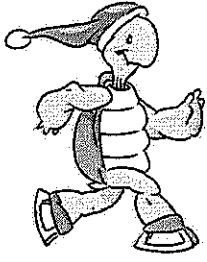
It's hard to believe we're already in the second half of the school year! We had a wonderful turn out for the Coats for Kids drive and were able to donate three boxes full of coats to Austin-area families. Student council appreciates your generosity! Our next student council event will be Kids' Night Out on February 10th from 6pm-9pm. We will send home sign up information as the date approaches. Have a wonderful January!

PTO News

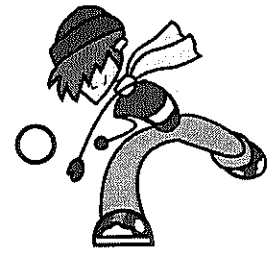
PES PTO wishes all Pfireant Families the best in 2017! We hope to continue to receive your support as we continue through to the end of this school year.

Just a reminder, if you would like to reach us, our email is: PfireantPTO@gmail.com

We have some fun events planned for the rest of the school year, including Spirit Nights and our annual Spring Pfling. At the end of this year, we will be electing a new PTO Board President. If you are interested or would like to nominate someone, please contact us at the above email.



G.Y.M. Shorts



January 2017

Curriculum Overview

January in the gym will be filled with activities guaranteed to make one sweat! We'll celebrate Elvis' birthday by learning about our pelvis and doing the Bunny Hop to "All Shook Up." We'll learn about the bones and muscles in the lower and upper leg: tibia, fibula, femur, and hamstring.

Students will have the opportunity to join the Spiderman Club the first week. Grades 2-5 will learn the basic fundamental skills used in volleyball and play lead up games such as Newcomb and Spikeball. Kindergarten and first grade will continue to work on basic eye-hand coordination and eye-hand coordination with extensions and targets using bean bags, yarn balls, scoops, utility balls and plastic bags. We will enjoy winter activities by having a snowball fight with yarn balls and "ice skating" in socked feet. Our Winter Frisbee Families activity will be on January 30-31.

Marathon Kids

Congratulations to Kimberly Trevino-Hernandez for being the first Marathon Kids finisher this year. The Silver Finishers' names will be printed in next month's newsletter.

On the reverse side of this newsletter is a MK log sheet that you may use at home for at-home mileage. Send it back to school and we'll add it to your official log sheet. You may include mileage done over the holidays.

May you have warmth in your igloo, oil in your lamp, and peace in your heart!

Mark Your Calendar

Jan 13

POPS Rally at 2:00 in the gym

Jan. 16

No School in observance of MLK Jr. Day

Feb. 1 – Feb. 28

Jump Rope for Heart Fundraiser

Parent Needed

We are in need of a PES parent representative for the District School Health Advisory Council. It is an opportunity for your voice to be heard and help sustain and change how our district approaches health. If you are interested, please email me at Lydia.salaiz@pflsd.net. The next SHAC meeting is on Jan. 17th 6pm at the PflSD Administration Building.

Be a lifesaver!

Do Jump Rope for Heart

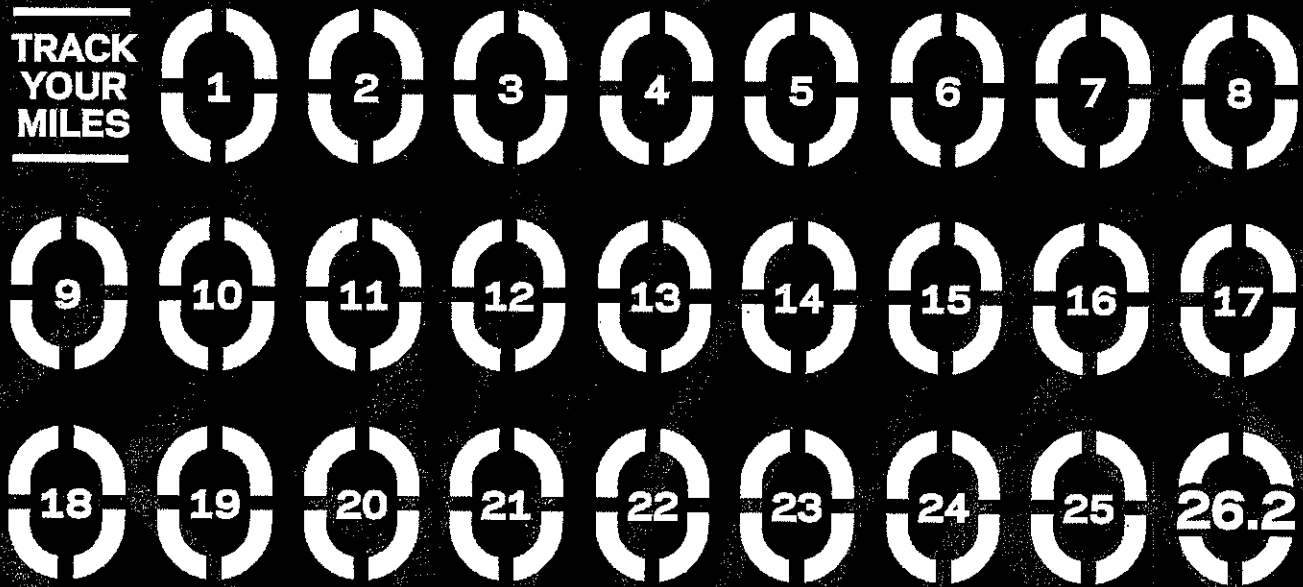
Get ready! Look and plan ahead. The month of February will be dedicated to saving lives. We will learn about the most important muscle in our body, its chambers, and ways to take care of it. We will also begin our Jump Rope for Heart. This is such a helpful fundraiser as most of our families have been affected some way by heart disease. Funds raised by students participating in Jump Rope for Heart help people in our community fight America's #1 and #3 killers – heart disease and stroke. This fundraiser will begin on Feb. 1st and will continue all month until the 28th. It is sponsored by the America Heart Association. Information will be going home soon.

MILEAGE LOG

MARATHON ONE

ATHLETE

TRACK
YOUR
MILES



Track your progress $\frac{1}{4}$ of a mile at a time.
For every $\frac{1}{4}$ of a mile you complete, color in
1 section of a numbered track icon above.

When you have colored in all the icons you will have
completed 26.2 miles - A WHOLE MARATHON! And
you'll receive your Marathon Kids shirt!

KEEP RUNNING!

The race never completely ends! Run more than one
marathon distance and receive the following items:

MARATHON 2

Run 52.4 Miles
to receive your
Nike shoelaces.

MARATHON 3

Run 78.6 Miles
to receive your
Nike shoe deubrés.

MARATHON 4

Run 104.8 Miles
to receive your
Nike bracelet.

MARATHON KIDS



FUEL LOG

ONE

ATHLETE

Start a marathon of healthy eating. Color in each square after you try each healthy food.

- | | |
|--|---|
| <input type="checkbox"/> I ate a red apple | <input type="checkbox"/> I ate corn |
| <input type="checkbox"/> I ate green peas | <input type="checkbox"/> I chose fruit over candy |
| <input type="checkbox"/> I ate raspberries | <input type="checkbox"/> I ate a green salad |
| <input type="checkbox"/> I ate a tangerine | <input type="checkbox"/> I ate grapefruit |
| <input type="checkbox"/> I ate squash | <input type="checkbox"/> I ate kale |
| <input type="checkbox"/> I chose water over soda | <input type="checkbox"/> I helped make dinner |
| <input type="checkbox"/> I ate an avocado | <input type="checkbox"/> I ate snow peas |
| <input type="checkbox"/> I ate honeydew melon | <input type="checkbox"/> I ate asparagus |
| <input type="checkbox"/> I ate raisins | <input type="checkbox"/> I ate a fruit salad |
| <input type="checkbox"/> I ate green grapes | <input type="checkbox"/> I drank four cups of water |
| <input type="checkbox"/> I tried a new vegetable | <input type="checkbox"/> I ate a potato |
| <input type="checkbox"/> I ate cucumber | <input type="checkbox"/> I ate black beans |
| <input type="checkbox"/> I ate artichoke | <input type="checkbox"/> I tried a new fruit |

KEEP FUELING!

Eating healthy fuels your body and your mind.
Challenge yourself to try new fruits and
vegetables - and share them with your family!

Keep your body strong by fueling with healthy
foods from the Fuel Logs!

MARATHON KIDS